

On Wednesday 27th September it is National Fitness Day. To celebrate this, we would like to link fitness with harvest & healthy eating as well as supporting the Sue Ryder Hospice Care charity.

Our timetable will be as follows:

Wednesday 27th September:

Walk to school day

Staff will meet the children at the Rec from 8.20 in order to walk to school at 8.30am. Please could you drop your child off there so that we can all walk to school together.

On this day, children will be able to wear their favourite sporting outfit for a “fine” of £2.00 which we will be donating to Sue Ryder - this could be a horse riding outfit, dance or athletics gear etc

All we ask is that the kit is comfortable and can be worn all day in lessons

Throughout the day, children will be taken out of class to complete a range of fitness challenges & activities

Friday 29th September

Home Grown Harvest

Please bring in your spare home grown produce first thing - this could include items such as chutneys and jams as well

This will then all be celebrated in our harvest assembly (for children only) with our new vicar and sold on a stall after school by Mrs Edwards

All money made on this stall will also be donated to Sue Ryder